You don't have to live with herniated discs but you do need someone who understands the problem and has the proper tools, education and skill to relieve the pain and fix herniated discs. Dr. Manela has been practic-

ing chiropractic in the Detroit metropolitan area since 1987. He is a certified decompression therapy practitioner. Dr. Manela uses a specialized axial decompression table. In addition to the Kennedy decompression table Dr. Manela also uses the ML 830 laser to control pain. He offers complete disc care – and without invasive surgery.

"By decompressing the discs with the table, we can 'milk' the disc and the disc is actually able to repair itself."

Dr. Manela's decompression therapy differs than other practitioners in the area because he is able to treat you on your stomach or back which means he can treat you to get the best results. Dr. Manela is able to decrease inflammation and swelling in joints by using by using the Ml830 laser. It's FDA approved for treating carpal tunnel syndrome. Dr. Manela is the only physician

combining the ML 830 laser, Kennedy decompression table and is a certified decompression therapy practitioner.

Since implementing the new technique, Dr. Manela has received many referrals from

medical doctors to help treat their patients. And he gets a number of referrals from other chiropractors for the laser therapy, as well.

"This is a great option to an invasive surgery," he said. "The technique has been researched for more than two decades and has been in use for over a decade."

You can call his friendly staff and set up a consultation to see if

his knowledge and techniques are right for you.

"I love all my patients and I want to get the best results for every one," he said.

You can find Dr. Manela every Monday, Wednesday and Friday from 9:30 a.m. to 6:30 p.m., Tuesday from 10:00 a.m. to 6:30 p.m., Thursday from 10:00 a.m. to 2:00 p.m. Off-hour treatments are by appointment only. Located at 1010 North Campbell Road you can learn more by calling (248) 544-2400 or check his website, www.RoyalOakChiropractic.com.

## SPINAL DECOMPRESSION THERAPY

-- Just the Facts You Have Always Wanted to Know --

## "Frequently Asked Questions" about spinal Decompression Therapy:

- How does the Kennedy KDS Spinal Decompression Therapy System work?
- How is Spinal Decompression Therapy different from regular?
- Who can benefit from this treatment?
- Who is NOT a candidate for Spinal Decompression Therapy?
- Are the treatments painless and how long does each session take?

At **Royal Oak Chiropractic**, you will also learn that our two Kennedy KDS spinal decompression systems are the most advanced units in the world. No doctor or clinic -

and we do mean no one - has newer, more modern, or more technologically advanced spinal decompression systems.

If you are suffering with a herniated disc in your neck or lowback – or know someone who is – then **safe and effective** Spinal Decompression Therapy utilizing the advanced FDA cleared Kennedy KDS system **should definitely be considered.** 



## Dr. Howard Manela, D.C.

Over 25 Years of Experience

1010 North Campbell Road • www.RoyalOakChiropractic.com

Call 248-544-2400 for a FREE Consultation